BritishRedCross

Regulated Health and Social Care Support Worker

Job Level	**1b**	**Role Review**	**February 2026**
Directorate	**UK Operations**	**Function/Service**	**Regulated Health and Social Care**
Direct Reports	**None**	**Indirect Reports**	**Daily visit logs**
Line Manager Title	**Senior Practitioner**	**Budgetary Responsibility**	**None**

Context

We help anyone, anywhere in the UK and around the world, get the support they need if crisis strikes: connecting human kindness with human crisis. We enable vulnerable people in the UK and abroad to prepare for and withstand emergencies in their own communities. And when the crisis is over, we help them to recover and move on with their lives. We are part of the global Red Cross and Red Crescent humanitarian network.

Our values and principles Our values (compassionate, courageous, inclusive and dynamic) underpin everything we do. As a member of the Red Cross and Red Crescent Movement, the British Red Cross is committed to, and bound by, its fundamental principles: humanity, impartiality, neutrality, independence, voluntary service, unity and universality.

Role description:	
Purpose	To provide high-quality, person-centred care and support to adults living in their own homes, enabling them to maintain independence, safety, dignity, wellbeing, and full participation in their communities. Support is delivered in line with Health and Social Care Standards, SSSC Codes of Practice, and all relevant Scottish legislation.
Key Responsibilities	Personal Care & Daily Living • Provide assistance with personal care such as washing, dressing, toileting, grooming, and continence support. • Support with mobility, transfers, and the use of equipment (hoists, stand aids etc.) following training and risk assessments. • Assist with meal preparation, hydration, and nutrition, including monitoring dietary needs. Medication Support • Prompt, assist, or administer medication in line with training, MAR charts, and organisational policy. • Report medication concerns or errors immediately. Household Support • Carry out light household tasks such as laundry, dishes, bed changes, and general tidying. • Support with shopping, collecting prescriptions, or domestic tasks as required. Emotional & Social Support • Provide companionship, encouragement, and meaningful interaction. • Support individuals to access community activities, appointments, and social opportunities. Record Keeping & Communication • Accurately record all support provided, incidents, and changes in need via digital or paper systems. • Report concerns regarding wellbeing, safeguarding, or changes in condition to senior staff promptly. • Maintain confidentiality and adhere to GDPR.

	Professional Practice • Work in line with the Health and Social Care Standards, SSSC Codes of Practice, and organisational policies. • Participate in training, supervision, and team meetings. • Promote dignity, respect, choice, safety, and compassion in all interactions. The responsibilities described are not a comprehensive list and additional tasks may be assigned from time to time that are in line with the level of the role.
Essential	Compassionate, reliable, and respectful approach to care. Good communication skills. Ability to work independently in the community. Right to work in the UK. Ability to register with the SSSC (or already registered). Willingness to undertake mandatory training (moving & handling, medication, adult support & protection, infection control).
Additional Requirements	Desirable • SVQ Level 2 in Health & Social Care (or willingness to work towards it as required by SSSC within timescales). • Experience in care, volunteering, or supporting vulnerable people.
	Key Competencies • Person-centred practice • Reliability and time-management • Respect for diversity and individual needs • Safe working/awareness of risk • Professional boundaries • Accurate documentation • Empathy and communication
	Additional Information • This role requires PVG Membership through Disclosure Scotland. You will work a rota that may include mornings, evenings, weekends, and public holidays.

Pre Engagement Checks Highlight bold as required	
DBS- England & Wales	Adult workforce with barring list
PVG- Scotland	**Adult Workforce**
Access NI- Northern Ireland	Adult workforce with barring list
Driver Check	Yes/**No**
International Roles Only	
International Police Check	Yes/**No**
International Driving Licence for manual cars	Yes/**No**

Role Reference		**Review Date**	**February 2027**

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We guarantee an interview to disabled candidates (as defined in the 2010 Equality Act), who meet the minimum shortlisting criteria in the advertised person specification and apply under the disability confident scheme.